Ambulatory Blood Pressure Monitoring

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Ambulatory Blood Pressure Monitoring

Why does it matter?
Improving the accuracy of the data we provide physicians helps them to make the best treatment plans for our patients.

2020 CPC Measures include data collected in this way.

Introduction
Offering 24 hour ambulatory monitoring for patients reporting white coat hypertension or labile blood pressures in clinic.

Conclusions
Averaging 4 Patients per week utilizing ambulatory Monitor.
Clinic CPC metric for patients with Hypertension in good control has increased by 6% after initiating Ambulatory monitoring and a weekly hypertension clinic, and improved repeat BP checks in clinic.

Ambulatory Blood Pressure Monitoring

Provider determines patient eligible for Ambulatory Monitoring

RN contacts patient to place on RN Schedule for pickup/dropoff

Measurement for correct BP size for patient

Educate patient on machine use and diary instructions

Patient meets with RN to review diary

RN pulls data, enters in epic encounter which is routed to Pharm D for review

Pharm D sends recommendations to PCP, note with recommendations routed to RN for patient to be informed of results/recommendations

Scheduling

Administering Test

Data Evaluation

Improve hypertension management of 2 patients per week through increased blood pressure monitoring by September 2019

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