Ambulatory Blood Pressure Monitoring

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Ambulatory Blood Pressure Monitoring

Providence Scholls Primary Care

Introduction
Offering 24 hour ambulatory monitoring for patients reporting white coat hypertension or labile blood pressures in clinic.

Why does it matter?
Improving the accuracy of the data we provide physicians helps them to make the best treatment plans for our patients.

2020 CPC Measures include data collected in this way.

Ambulatory Blood Pressure Monitoring

- **Scheduling**
  - Provider determines patient eligible for Ambulatory Monitoring
  - RN contacts patient to place on RN Schedule for pickup/dropoff

- **Administering Test**
  - Measurement for correct BP size for patient
  - Educate patient on machine use and diary instructions
  - Patient meets with RN to review diary

- **Data Evaluation**
  - RN pulls data, enters in epic encounter which is routed to Pharm D for review
  - Pharm D sends recommendations to PCP, note with recommendations routed to RN for patient to be informed of results/recommendations

Conclusions
Averaging 4 Patients per week utilizing ambulatory Monitor. Clinic CPC metric for patients with Hypertension in good control has increased by 6% after initiating Ambulatory monitoring and a weekly hypertension clinic, and improved repeat BP checks in clinic.

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