Integrative Review of Mindfulness-Based Stress Reduction in Caregivers of Cancer Patients

Trisha Saul

Follow this and additional works at: https://digitalcommons.psjhealth.org/other_pubs

Part of the Nursing Commons
Integrative Review of Mindfulness-Based Stress Reduction in Caregivers of Cancer Patients

Trisha Saul BSN, RN-BC, PhD in Nursing Student at UCI, Jonas Fellow

Methods

Literature Search
- PubMed (108)
- CINAHL (55)
- PsycINFO (20)
- 183 Articles

Duplicates Removed & Inclusion Criteria of Meditation Intervention & Informal Family Caregiver = 24 Articles

Exclusion Criteria: Non-MBSR interventions & Family caregivers of non-cancer patients

4 Articles
- Birnie (2010)
- Lengacher (2012)
- van den Hurk (2015)
- Schellekens (2018)

Methodology and criteria recommended by Ganong (1978) (e.g., purpose, inclusion criteria, literature search, systematic analysis and reporting)

Future Research

References upon request