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# What's New in Ovarian Cancer

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# WHAT'S NEW IN OVARIAN CANCER


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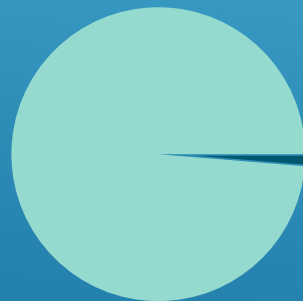
# OBJECTIVES

- Review trends in incidence and mortality in ovarian cancer
  - Describe the role of hereditary and somatic genetic testing
  - Discuss current patient evaluation recommendations for women presenting with ovarian cancer
  - Discuss primary treatment options for a new diagnosis of ovarian cancer
  - Discuss new therapies in recurrent disease
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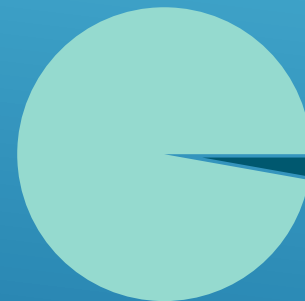
# CLINICAL PRESENTATION & EVALUATION

- ▶ **Suspicious/palpable pelvic mass on abdominal/pelvic exam and/or ascites, abdominal distension**
- ▶ **Symptoms without source of malignancy**
  - ▶ **bloating, pelvic/abdominal Pain, difficulty eating or early satiety, urinary changes**
- ▶ **Ultrasound (TVUS), and/or CT A/P. PET/CT or MRI if indeterminate lesions.**
- ▶ **CA 125 and potentially other markers**
- ▶ **Family History**
- ▶ **Refer to GYN Oncology for clinically suspicious lesions.**
  - ▶ **GI additionally in some cases**
- ▶ **Diagnosis by previous surgery or tissue biopsy often a source of referrals**

# OVARIAN CANCER IS RELATIVELY RARE COMPARED WITH OTHER CANCERS



**1.3%**  
Proportion of all new cancer diagnoses in USA in 2018<sup>1</sup>



**2.5%**  
Proportion of all US cancer diagnoses in women up to 2015<sup>3</sup>

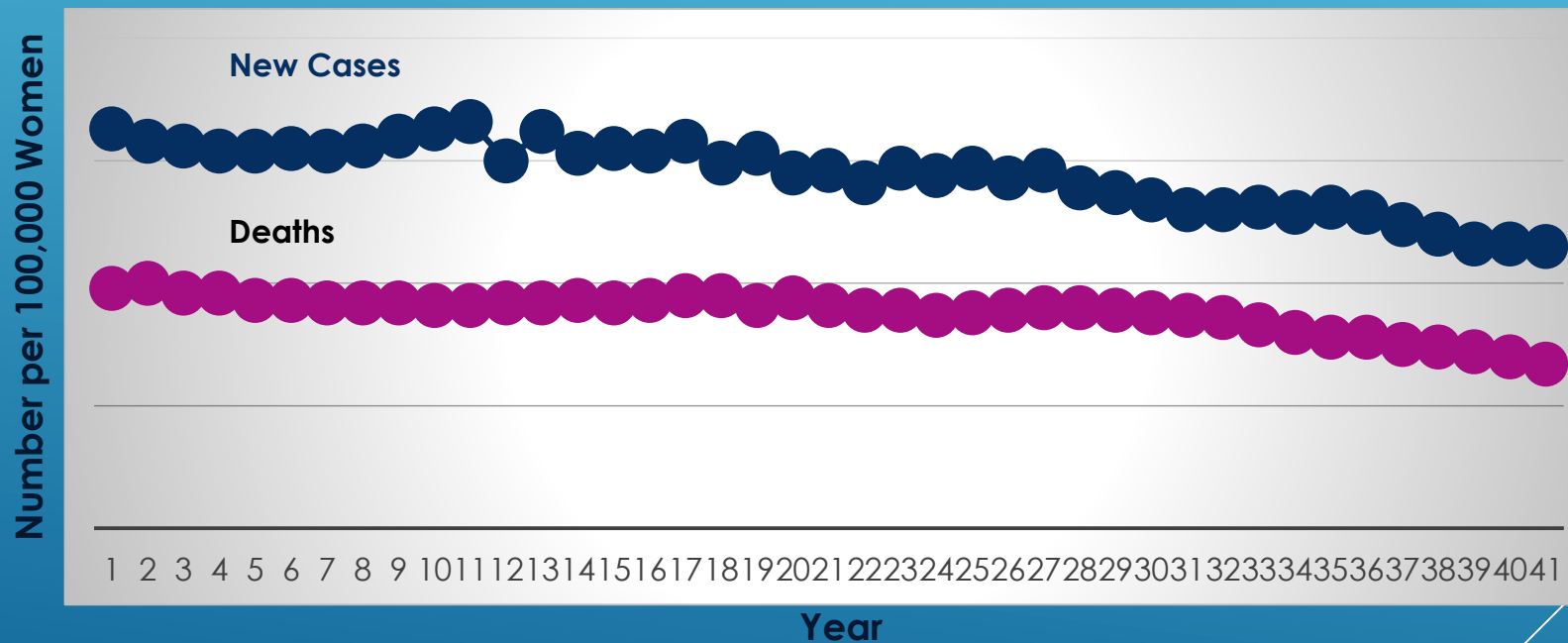
**A woman's lifetime risk of getting ovarian cancer is about 1 in 78<sup>2</sup>**

<sup>a</sup> Age-adjusted data from 2011–2016.

1. National Cancer Institute. SEER Cancer Stat Facts: Ovarian Cancer. <http://seer.cancer.gov/statfacts/html/ovary.html>. Published April 2019. Accessed May 9, 2019. 2. American Cancer Society. Key Statistics for Ovarian Cancer. <https://www.cancer.org/cancer/ovarian-cancer/about/key-statistics.html>. Last revised January 8, 2019. Accessed January 9, 2019. 3. American Cancer Society. Cancer Facts & Figures 2018. <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2018/cancer-facts-and-figures-2018.pdf>. Published 2018. Accessed May 09, 2019.

# EPIDEMIOLOGICAL TRENDS SHOW A DECLINE IN OVARIAN CANCER INCIDENCE AND MORTALITY

- ▶ Over the last decade, ovarian cancer incidence has declined by 1.5% on average each year, while mortality has declined by 2.3% on average each year



5 Year Survival  
Is  
47.6%

# FIGO OVARIAN CANCER STAGING

Stage	Stage Definitions <sup>1</sup>	Relative 5-Year Survival (%) <sup>2</sup>		
		Invasive Epithelial	Stromal	Germ Cell
I	<b>Tumor confined to ovaries/fallopian tube(s)</b> <ul style="list-style-type: none"> <li>IA: Tumor limited to 1 ovary (capsule intact) or fallopian tube</li> <li>IB: Tumor limited to both ovaries (capsule intact) or fallopian tubes</li> <li>IC: Tumor limited to 1 or both ovaries or fallopian tubes with surgical spill (IC1), capsule ruptured/tumor on ovarian or fallopian tube surface (IC2), or malignant cells in ascites or peritoneal washings (IC3)</li> </ul>	78–93	99	98
II	<b>Tumor involves 1 or both ovaries or fallopian tubes with pelvic extension (below pelvic brim) or primary peritoneal cancer</b> <ul style="list-style-type: none"> <li>IIA: Extension and/or implants on uterus and/or fallopian tubes and/or ovaries</li> <li>IIB: Extension to other pelvic intraperitoneal tissues</li> </ul>	61–82	79	90
III	<b>Tumor involves 1 or both ovaries or fallopian tubes, or primary peritoneal cancer, with confirmed spread to peritoneum outside the pelvis and/or metastasis to retroperitoneal LNs</b> <ul style="list-style-type: none"> <li>IIIA1: Positive retroperitoneal LNs only</li> <li>IIIA2: Microscopic extrapelvic (above pelvic brim) peritoneal involvement with or without positive retroperitoneal LNs</li> <li>IIIB: Macroscopic peritoneal metastasis beyond pelvis up to 2 cm, with or without metastasis to retroperitoneal LNs</li> <li>IIIC: Macroscopic peritoneal metastasis beyond pelvis more than 2 cm, with or without metastasis to retroperitoneal LNs (includes extension of tumor to liver and spleen capsule without parenchymal involvement)</li> </ul>	28–63	63	87
IV	<b>Distant metastasis excluding peritoneal metastases</b> <ul style="list-style-type: none"> <li>IVA: Pleural effusion with positive cytology</li> <li>IVB: Parenchymal metastases and metastases to extra-abdominal organs (including inguinal LNs and LNs outside of the abdominal cavity)</li> </ul>	19	36	64

FIGO, International Federation of Gynecology and Obstetrics; LN, lymph node.

1. Prat J, et al. *Int J Gynaecol Obstet*. 2014;124(1):1-5. 2. American Cancer Society. Survival Rates for Ovarian Cancer, by Stage. <https://www.cancer.org/cancer/ovarian-cancer/detection-diagnosis-staging/survival-rates.html>. Last revised April 11, 2018. Accessed May 09, 2019.

# PRIMARY TREATMENT

## ▶ Maximum Surgical Debulking

- ▶ Aim of surgery is to confirm diagnosis, define extent of disease spread (staging), and resect all visible tumor tissue

## ▶ Platinum Based Chemotherapy-cornerstone of adjuvant therapy

## ▶ Always consider clinical trial options

### National Comprehensive Cancer Network® (NCCN®) Recommendations for Primary Surgical Treatment Based on Clinical Stage

Stage IA (fertility desired)MN	Stage IB (fertility desired)	Stage IA–IV Surgical Candidate (fertility not desired)	Bulky Stage III/IV or Poor Surgical Candidate
<ul style="list-style-type: none"> <li>• Evaluation by gynecologic oncologist (GYN ONC)</li> <li>• Unilateral salpingo-oophorectomy (USO)</li> <li>• Comprehensive surgical staging</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluation by GYN ONC</li> <li>• Bilateral salpingo-oophorectomy (BSO)</li> <li>• Comprehensive surgical staging</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluation by GYN ONC</li> <li>• Total abdominal hysterectomy (TAH)/BSO</li> <li>• Comprehensive staging and debulking as needed</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluation by GYN ONC</li> <li>• Histologic confirmation (biopsy preferred)</li> <li>• Consider neoadjuvant chemotherapy (category 1<sup>c</sup>) ± interval debulking surgery with TAH/BSO</li> </ul>




# DIAGNOSIS BY PREVIOUS SURGERY. ROLE FOR ADDITIONAL SURGERY?

- ▶ Uterus Intact
- ▶ Adnexa Intact
- ▶ Omentum not removed
- ▶ Documentation of staging incomplete
- ▶ Residual disease, potentially resectable
- ▶ Occult invasive carcinoma found at time of risk reducing surgery
- ▶ Incomplete lymph node dissection
- ▶ **Resectable=Surgery**

Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) for Ovarian Cancer Including Fallopian Tube Cancer and Primary Peritoneal Cancer V.1.2019. © National Comprehensive Cancer Network, Inc. 2019. All rights reserved. Accessed May 09, 2019. To view the most recent and complete version of the guideline, go online to [NCCN.org](https://www.nccn.org). NCCN makes no warranties of any kind whatsoever regarding their content, use or application and disclaims any responsibility for their application or use in any way.

# PLATINUM BASED CHEMOTHERAPY CORNER STONE

- ▶ **One of the platinum-based chemotherapy options recommended in the NCCN Guidelines as postoperative treatment for epithelial ovarian cancer is IV paclitaxel 175 mg/m<sup>2</sup> followed by carboplatin AUC 5–6 Day 1; repeat every 3 weeks**
  - ▶ *Common Side Effects:*
    - ▶ **Myelosuppression**
    - ▶ **Alopecia**
    - ▶ **HSR's**
    - ▶ **Peripheral Neuropathy**
    - ▶ **GI disturbances**
    - ▶ **Other less common side effects**
- 

# BIOLOGIC IMPORTANCE OF OVARIAN CANCER

- ▶ Ovarian cancer is characterized by complex cellular and molecular processes.
  - ▶ **Heterogeneous**
- ▶ Histological subtypes impact prognosis
- ▶ The identification of molecular aberrations, such as *BRCA1/2* mutations and homologous recombination repair pathway deficiencies have shaped treatment strategies
- ▶ The tumor microenvironment affects the disease process and potentially clinical outcomes
- ▶ Biomarkers

# GERMLINE VS. SOMATIC MUTATIONS

## Germline Mutations

**-Inherited from parents and become incorporated into DNA of every cell in the body of offspring**

## Somatic Mutations

**-Acquired alterations in DNA that occur after conception that can (but do not always) cause cancer or other diseases**

NGS, next-generation sequencing.

Frey MK, et al. *Gynecol Oncol Res Pract.* 2017;4:4.

Germline Testing	Somatic Testing
<ul style="list-style-type: none"><li>• Well-established technique, easy extraction of DNA</li><li>• Accurate and reproducible</li><li>• Prognostic and predictive value supported by robust data</li><li>• Assess risk of developing other cancers</li><li>• Clinically relevant for family members</li><li>• Will identify smaller number of patients who may benefit from treatment</li></ul>	<ul style="list-style-type: none"><li>• NGS will identify more patients who may benefit from treatment</li><li>• Can help patients understand potential extent of benefit</li><li>• Can serve as a triage for germline testing</li></ul>


# FDA-APPROVED OPTIONS FOR FIRST LINE MAINTENANCE THERAPY

Registrational Clinical Trial(s)	Drug	Indication	Biomarker Testing Required?	Recommended Dosing
GOG-0218	Bevacizumab <sup>1</sup>	Bevacizumab in combination with carboplatin and paclitaxel, followed by bevacizumab as a single agent for treatment of patients with stage III or IV epithelial ovarian, fallopian tube, or primary peritoneal cancer following initial surgical resection	No	15 mg/kg IV q3w in combination with carboplatin and paclitaxel for up to 6 cycles, followed by 15 mg/kg q3w as a single agent, for a total of up to 22 cycles or until disease progression, whichever occurs earlier
SOLO-1	Olaparib <sup>2</sup>	Olaparib maintenance treatment of adult patients with deleterious or suspected deleterious gBRCA <sup>mut</sup> or sBRCA <sup>mut</sup> advanced epithelial ovarian, fallopian tube, or primary peritoneal cancer who are in CR or PR to 1L platinum-based chemotherapy	Yes, FDA-approved companion diagnostic to select patients with gBRCA <sup>mut</sup> disease	300 mg (two 150-mg tablets) bid

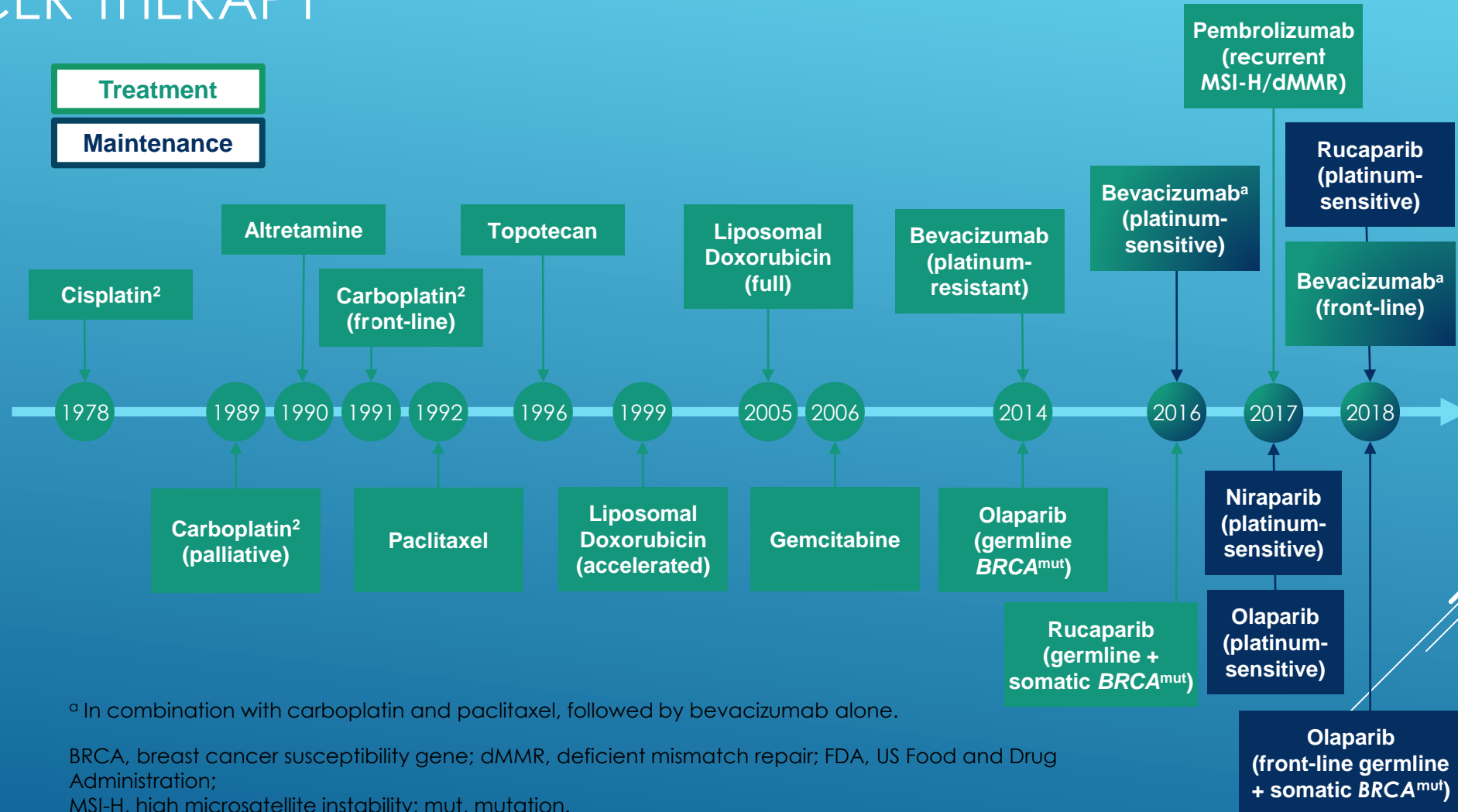
bid, twice daily; BRCA, breast cancer susceptibility gene; CR, complete response; FDA, US Food and Drug Administration; IV, intravenous; g, germline; L, line; mut, mutation; PR, partial response; q3w, every 3 weeks; s, somatic.

1. Bevacizumab package insert. Genentech, Inc; June 2018. 2. Olaparib package insert. AstraZeneca Pharmaceuticals LP; December 2018.

# RECURRENT DISEASE

- ▶ **Follow-up/monitoring visits are suggested every 2–4 mo for 2 years, then 3–6 mo for 3 years, then annually after 5 years**
  - ▶ **Most advanced ovarian cancers will recur during or after first-line treatment.**
  - ▶ **Median progression-free survival decreases upon each subsequent recurrence.**
  - ▶ **Patients with ovarian cancer whose disease recurs at least 6 months after treatment completion are considered to be platinum- or chemotherapy-sensitive.**
- 

# LANDMARK FDA APPROVALS IN OVARIAN CANCER THERAPY



<sup>a</sup> In combination with carboplatin and paclitaxel, followed by bevacizumab alone.

BRCA, breast cancer susceptibility gene; dMMR, deficient mismatch repair; FDA, US Food and Drug Administration;

MSI-H, high microsatellite instability; mut, mutation.

1. Drugs@FDA: FDA Approved Drug Products. <https://www.accessdata.fda.gov/scripts/cder/daf/>. Accessed January 15, 2019. 2. Kelland L. *Nat Rev Cancer*. 2007;7(8):573-84.

# PLATINUM RESISTANT DISEASE

- ▶ Single-agent chemotherapy may result in response
- ▶ Double-agent chemotherapy resulted in similar response levels to single-agent treatment, but with more toxicity
- ▶ Patients with germline or somatic *BRCA* mutations may also respond to PARP inhibitors
  - ▶ Clinical activity has also been demonstrated in patients with HRD-positive disease
- ▶ Bevacizumab addition to chemotherapy improves response, PFS, and QoL, but does not improve OS

BRCA, breast cancer susceptibility gene; HRD, homologous recombination deficiency; OS, overall survival; PARP, poly ADP ribose polymerase; PFS, progression-free survival; PROC, platinum-resistant ovarian cancer; QoL, quality of life; wt, wild-type.

1. Herzog TJ. *Clin Cancer Res.* 2004;10(22):7439-49. 2. Oronsky B, et al. *Med Oncol.* 2017;34(6):103.  
3. Domchek SM, et al. *Gynecol Oncol.* 2016;140(2):199-203. 4. Konecny GE, et al. Presented at SGO Annual Meeting, 2017. Abstract 1. 5. Moore KN, et al. Presented at ASCO Annual Meeting, 2018. Abstract 5514.  
6. Pujade-Lauraine E, et al. *J Clin Oncol.* 2014;32(13):1302-8. 7. Stockler MR, et al. *J Clin Oncol.* 2014;32(13):1309-16



# PARP INHIBITION SUMMARY

- ▶ **PARP inhibition is synthetically lethal for tumors with homologous recombination deficiency**
- ▶ **Currently, 3 PARP inhibitors are approved for patients with ovarian cancer across multiple indications**
  - ▶ **First Line maintenance therapy: Olaparib (*BRCA*<sup>mut</sup>)**
  - ▶ **Second Line maintenance therapy regardless of biomarker status (ie, including *BRCA*<sup>wt</sup> and *BRCA*<sup>mut</sup>): Olaparib, rucaparib, niraparib**
  - ▶ **Treatment therapy after multiple prior lines of chemotherapy: Olaparib (*gBRCA*<sup>mut</sup>) and rucaparib (*BRCA*<sup>mut</sup>)**
- ▶ **Hematological adverse reactions are commonly associated with PARP inhibitors. Regular lab monitoring.**
- ▶ **Ongoing clinical trials are examining the efficacy of PARP inhibition across various lines of therapy and treatment approaches, including combination regimens**
- ▶ **PARP inhibition has shown clinical efficacy in patients without HRD**

BRCA, breast cancer susceptibility gene; g, germline; HRD, homologous recombination deficiency; L, line; mut, mutation; PARP, poly ADP ribose polymerase; wt, wild-type.

1. Konstantinopoulos PA, et al. *Cancer Discov*. 2015;5(11):1137-54.
2. Olaparib package insert. AstraZeneca Pharmaceuticals LP; December 2018.
3. Rucaparib package insert. Clovis Oncology, Inc; April 2018.
4. Niraparib package insert. TESARO, Inc; February 2019.
5. ClinicalTrials.gov: NCT02282020, NCT02446600, NCT02470585, NCT02477644, NCT02502266, NCT02655016, NCT02855944, NCT03106987, NCT03278717, NCT03402841, NCT03519230, NCT03522246, NCT03534453, NCT03598270, NCT03602859, NCT03642132, NCT03705156, NCT03709316, NCT03737643, NCT03740165, NCT03806049. Accessed January 15-16, 2019.
6. Mirza MR, et al. *N Engl J Med*. 2016;375(22):2154-64.

# FURTHER OPTIONS

- ▶ **Programmed Death Ligand 1 (PDL-1)**
  - ▶ Helps define the population most likely to benefit from immunotherapy
  - ▶ Pembrolizumab (Ketruda)
  - ▶ Microsatellite instability-high (MSI-H) or mismatch repair deficient (dMMR)
- ▶ **Immune Mediated Side Effects**
- ▶ **Clinical Trials**
  - ▶ **New Trial Coming**
    - ▶ **GOG-2018**
      - ▶ Paclitaxel +/- for Recurrent Platinum-Resistant Ovarian Ca
    - ▶ **CL-OVA-PO1**
      - ▶ Autologous Dendritic Cells Loaded with Autologous Tumor Associated Antigens for Advanced Epithelial Ovarian Carcinomas

“ONCE YOU CHOOSE HOPE, ANYTHING’S POSSIBLE”  
CHRISTOPHER REEVE

