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Escaping the OR

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Escaping the OR

Stephanie Davis, BSN, RN, CNOR, Clinical Education & Practice and Sue Warner-Murray, MSN, RN, ACNS-BC, CNOR, CNS-CP Clinical Education & Practice

Simulation Goal

To promote:

- Engagement
- Critical thinking
- Teamwork
- Fun

Plan and Implementation

This “Escape the OR” challenge sent the staff down a path of 5 different stations. Topics were selected based on staff and leadership input.

Topics included:

- CPR
- AED/Manual Mode Defibrillation
- DNR status in the OR
- Contact Isolation
- Intraoperative Isolation Precautions Guidelines



Background Supporting Evidence

In 2019, we started seeing this style of education being offered as a new way to engage learners. The education team went as a group to do an actual Escape Room to experience and gather information on how an escape room works.

Each group rotated through stations using their toolkit which included a treasure map, a black light flashlight, and clues to complete the tasks at each station.

Each station included solving clues and acquiring part of a code using invisible ink, puzzle pieces and a cypher wheel.

The interaction with teammates promoted teamwork to complete the stations in order to escape the OR and get the key that opens the treasure chest of goodies.

Data

In 2019, we had a total of 206 staff from all 7 Swedish OR’s attend this in-service over three months. Total evaluations returned = 126.

Please refer to graph below for question results:

Question 1 - The content was relevant to my practice

Question 2 - The presenter was knowledgeable

Question 3 - Teaching method was effective

Question 4 - Presenter/Facilitator was able to explain topic in a way that I can relate to

Question 5 - I was satisfied with the in-service

Question 6 - I have a better understanding of this topic after this activity

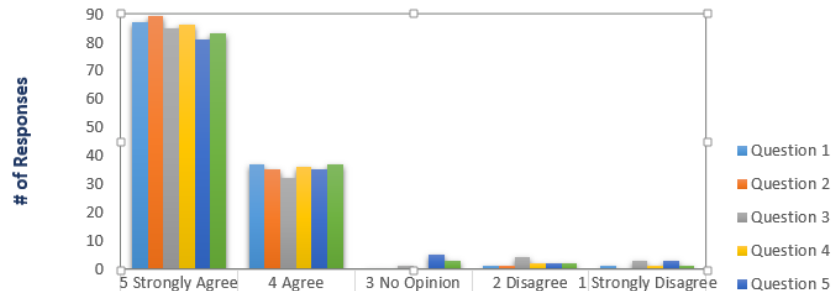
Outcomes



Staff responses of what they liked from this style of education:

- The creativity
- Hands on interactive learning activities
- Group involvement
- Going thru interactive stations
- Escape room concept/theme
- The teamwork
- The cute theme
- Making it into a game
- Thinking as a team
- Love the escape room!
- Learning new things!

OR SNS Escape Room



	5 Strongly Agree	4 Agree	3 No Opinion	2 Disagree	1 Strongly Disagree
Question 1	87	37	0	1	1
Question 2	89	35	0	1	0
Question 3	85	32	1	4	3
Question 4	86	36	0	2	1
Question 5	81	35	5	2	3
Question 6	83	37	3	2	1

References

University of Minnesota, Academic Health Center (2019). Advanced Interprofessional Health Care Escape Room Facilitator Guidebook. Twin Cities, MN. Friedrich, C., Taubenheim, A., & Teaford, H.

University of Minnesota, Academic Health Center (2019). Beginner Interprofessional Health Care Escape Room Facilitator Guide. Twin Cities, MN. Friedrich, C., Boland, P., Taubenheim, A., & Teaford, H.

Questions

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Future Opportunities

Based on positive staff evaluations utilizing this format to promote learning, teamwork, interactivity and FUN! The education team plans to use this type of training with fewer topics and more teams.